

TWIN LAKES SUMMER CAMP  
Sample Overnight Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	Sausage biscuits, fruit, yogurt, cereal, milk, grape juice, water	Eggs, grits, sausage patties, biscuits, orange slices, grape juice, milk, water	Pancakes, syrup, sausage patties, orange wedges, apple juice, milk, water	Eggs, oatmeal, bacon, bagel slices/toast, grapes, cream cheese, brown sugar, jelly, cereal, orange juice, milk, water	<u>BREAKFAST IN BED:</u> Krispie Kreme Donuts, oranges, cereal bowls, milk	Cereal, Blueberry muffins, yogurt, milk, grape juice
<b>Lunch</b>	Round Pizzas, niblet corn, salad with tomatoes, kool aid, ice cream bars	Club subs (ham and turkey) on hoagie bun, sliced cheese, lettuce, tomato, Tater tots, mayo, mustard, ketchup, pickle spear, giant sugar cookies, kool aid	Tacos, lettuce, tomato, sour cream, shredded cheese, rice, refried beans, chips, salsa, queso dip, kool aid, ice cream bars	Spaghetti, green beans, garlic bread sticks, kool aid, ice cream bars	<u>PAVILION LUNCH:</u> Corn Dogs, chips, apples, cookies, Gatorade	
<b>Supper</b>	BBQ chicken legs/breasts, English peas, macaroni and cheese, rolls, kool aid, ice cream bars	Red Beans and Rice, fried okra, corn on the cob, garlic bread, peach halves, kool aid	<u>COOKOUT:</u> Hamburgers/Hot Dogs, Buns, mayo, mustard, ketchup, pickles, lettuce, tomato, chips, Gatorade  <b>Ice Cream Sundaes</b>	Chicken Strips/ Chicken Dogs, French fries, baked beans, kool aid, birthday cake	Fish sandwich, lettuce, tomatoes, chips, dill pickle spear, ice cream bars, kool aid	Options: All lunches and suppers have turkey or ham sandwiches available upon request.