

TWIN LAKES SUMMER CAMP

Sample Day Camp Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	Snack: apple oatmeal bar, grape juice	Snack: lemon bar crackers, orange juice	Snack: strawberry oatmeal bar, apple juice	Snack: granola bar, grape juice	Eggs, grits, bacon, biscuits, mixed fruit, orange juice, milk	
<b>Lunch</b>	Club subs (ham and turkey) cheese, lettuce, tomato, Tater Tots, mayo, mustard, ketchup, pickle spear, kool aid, giant sugar cookies	Round Pizzas, niblet corn, salad, kool aid, ice cream	Fried chicken sandwich, white cheese slices, lettuce, tomatoes, sweet potato fries, mayo, mustard, ketchup, apricot nectar cake, kool aid	Lasagna, green beans, garlic breadsticks, salad, kool aid, ice cream	Hamburgers (lettuce, tomatoes, pickles), French fries, mayo, mustard, ketchup, cole slaw, kool aid, ice cream	
<b>Supper</b>				Chicken strips/Chicken Dogs, French fries, ketchup, baked beans, kool aid, birthday cake	Snack: snack packs, gatorade	Options: All lunches and suppers have turkey and ham sandwiches available upon request.